



**PHOENIX PARK**  
NEIGHBOURHOOD HOUSE  
MALVERN EAST



**Term 2**

**26 April to 24 June 2022**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Yoga</b> 10.15 - 11.15am 2/5 - 20/6 ex 13/6	<b>Tai Chi</b> 9.30 - 10.30am 26/4 - 21/6	<b>Zumba Gold</b> 9.30 - 10.30am 27/4 - 22/6	<b>BeatFit</b> 9.00 - 10.00am 28/4 - 23/6	<b>Zumba Gold</b> 9.30 - 10.30am 29/4 - 24/6
<b>Writers</b> 9.30 - 12.00pm 2/5 - 20/6 ex 13/6	<b>Chatty Cafe</b> 10am - 11.30am 3/5, 17/5, 31/5 & 14/6	<b>JP Kids</b> 9.30 - 11.30am 1/6 - 22/6	<b>JP Kids</b> 9.30 - 11.30am 2/6 - 23/6	<b>Pilates</b> 9.30 - 10.30am 29/4 - 24/6
	<b>Visual Creative Art</b> 10am - 12pm 26/4 - 21/6	<b>Art Discovery</b> 10am - 12pm 27/4 - 22/6	<b>Yoga</b> 10.15 - 11.15am 28/4 - 23/6	<b>Mandarin Stars</b> 10 - 11.30am 29/4 - 24/6
<b>Chairbased Ex</b> 10.30 - 11.30am 2/5 - 20/6 ex 13/6	<b>Japanese Playgroup</b> 10.30am - 12pm 26/4 - 21/6	<b>HeartFit</b> 10.30 - 11.30am 27/4 - 22/6	<b>Chair Yoga</b> 1.00pm - 1.45pm 28/4 - 23/6	<b>Biggest Morning Tea</b> 10.30am - noon 27/5
	<b>Buff Bones</b> 11.15 - 12.15pm 26/4 - 21/6	<b>Freestyle Creatives</b> 10.30am 27/4 - 22/6	<b>Painting Acrylic &amp; Oil</b> 12.30 - 2.30pm 28/4 - 23/6	<b>SATURDAY Mandarin Stars</b> 10am - 2pm 30/4 - 25/6
<b>Mahjong</b> 1.00 - 4.00pm 2/5 - 20/6 ex 13/6	<b>Mahjong</b> 1.00 - 4.00pm 26/4 - 21/6		<b>Yoga</b> 7.00pm - 8.00pm 28/4 - 23/6	<b>Beginners Art</b> 1.30pm - 4.00pm 30/4 - 21/5
<b>Painters</b> 1.00 - 3.30pm 2/5 - 20/6 ex 13/6	<b>Tap Dancing</b> 1.30pm - 2.30pm 3/5 - 21/6	<b>Watercolour</b> 12.30 - 2.30pm 27/4 - 22/6	<b>Photography</b> 7.00 - 8.00pm 5/5, 2/6 & 7/7	<b>Acrylic Pour</b> 1.30pm - 5.30pm 28/5 & 4/6
	<b>Dance Fit with Linda!</b> 7.00 - 8.00pm 26/4 - 21/6	<b>Art - RB Drawing</b> 7.00 - 9.00pm 27/4 - 22/6	<b>Singers</b> 7.45 - 9.30pm 28/4 - 23/6	<b>Fiction Writing</b> 11am - 2pm 4/6

**Try your first exercise class for FREE!**

22 Rob Roy Road, Malvern East 3145 Phone: 9530 4397

Further details on individual classes go to our Website: <https://www.phoenixparknh.org.au>